

ABOUT US

Brooker Memorial was established in 1918 by Charles F. Brooker in honor of his late mother, who shared a love for children and her community. Brooker Memorial offers a child care center, pediatric dental center, Center for Children's Therapy, along with community programs such as Relatives As Parents Program support groups, financial literacy for young adults, and blood pressure readings for seniors. Brooker Memorial offers children and their families the opportunity to grow, learn, and live healthy lives.

We created this brochure for you to access resources in Litchfield County. If you have any questions, please contact Brooker Memorial's Client Support and Program Coordinator at 860-489-1328 ext. 129 for support and guidance.



157 Litchfield Street Torrington, CT 06790
(860) 489-1328 www.brookermemorial.org

Child Care Centers

A Journey of Discovery	860-689-5326
Brooker Memorial	860-489-5437
Future Foundations	860-489-7222
Head Start	860-482-5286
Cadence Academy Pre-K	860-404-0177
KinderCare	860-496-8687
Torrington Child Care Center	860-482-2621
Winsted Area Child Care	860-379-0006
YMCA Childcare	860-489-3133

Coordination, Organizational, and State Agencies

Department of Children & Families

Torrington Office 860-496-5700

Department of Developmental Services

Torrington Office 860-496-3000

Department of Social Services

Torrington Office 860-496-6900

Social Security Administration

Torrington Office 860-489-1633

Other Resources

Care4Kids 888-214-5437

Child care financial support

Early Head Start 860-482-5286

Home visiting, playgroups, parenting support

FISH 860-482-7300

332 S Main Street Torrington, CT

Shelter and programs for the homeless

The Gathering Place 860-618-3455

21 Prospect Street Torrington, CT

Services and supports for the homeless

Information courtesy of Brooker Memorial
157 Litchfield Street Torrington CT 06790
860-489-1328 www.brookermemorial.org

Litchfield County Resource Guide



Courtesy of



Family Supports & Resources

- Brooker Memorial** 860-489-1328
Children's Dental Care, Child Care and Children's Developmental Therapy
- Child First** 860-496-0867
Home-based clinical intervention for young children and their parents
- CFLC Resource Library** 860-800-2352
Resource library for educational items and connections to community agencies. Located at KidsPlay Museum
- Community Soup Kitchen** 860-482-0130
220 Prospect Street Torrington
- EdAdvance** 860-567-0863
Early childhood services, Head Start, Birth to Three Program
- Family Resource Center** 860-489-8552
Torrington—Resources and referral, Parents as Teachers, Positive Youth Development
- Family Resource Center** 860-379-0828
Winsted — Parents as Teachers, child development info, library, home visits
- Family Strides** 860-482-3236
Pre/post natal classes, Nurturing Families, Parents as Teachers, WIC
- FAVOR** 860-563-3232
State-wide family advocates
- Grace Place** 860-618-0010
Pregnancy Resource Center
- HUSKY Help Line** 800-434-7869
Questions and qualifications for healthcare
- Legal Aid** 800-453-3320
Call to see qualifications for free legal services near Torrington
- New Opportunities** 860-496-3507
Energy assistance, entitlements, job training, etc.
- Two Hearts** 860-482-0672
Pregnancy care center, resources and support
- WIC Program** 860-489-1138
Health & nutrition program for women, infants and children

Doctors

Pediatricians

- Dr. Mohammad Khera** 860-738-0400
71 Spencer Street Winsted, CT
- Litchfield County Pediatrics** 860-489-4144
20 Felicity Lane Torrington, CT
- Litchfield Hills Pediatrics** 860-567-1263
481 Bantam Road Litchfield, CT
- Northwest Hills Pediatrics** 860-489-5068
538 Litchfield St., Suite G-02 Torrington, CT
- 49 Spencer Street Winsted, CT 860-738-6230*

Primary Care Physicians

- Community Health and Wellness** 860-489-0931
469 Migeon Ave Torrington, CT
- 10 Center Street Winsted, CT 860-238-4211*
- ProHealth Physicians** 860-489-6899
52 Peck Road Torrington, CT
- 340 Bantam Road Litchfield, CT 860-567-9493*

Obstetrics and Gynecology

- Dr. Sawula & Dr. Mashburn** 860-489-1038
538 Litchfield Street Torrington, CT
- Litchfield County OB/GYN** 860-482-8578
780 Litchfield Street Torrington, CT
- Sharon OB/GYN Associates** 860-364-0536
50 Amenia Road P.O. Box 1040 Sharon, CT
- 115 Spencer Street Winsted, CT 860-379-6267*

Information courtesy of Brooker Memorial
157 Litchfield Street Torrington CT 06790
860-489-1328 www.brookermemorial.org

Substance Abuse Services

- Charlotte Hungerford Hospital**
Dual-Diagnosis Intensive Outpatient
860-496-6350
540 Litchfield Street Torrington, CT
- McCall Center** 860-496-2100
58 High Street Torrington, CT

Mental Health Services

- Center for Youth & Families**
860-489-3391
50 Litchfield Street Torrington, CT
- Christian Counseling Connect**
860-626-1112
43 Daycoeton Place Torrington, CT
- Greenwoods Counseling**
860-567-4437
25 South Street Litchfield, CT
- Family and Children's Aid**
860-866-6001
387 Litchfield Street Torrington, CT

Crisis Hotlines/Information

- DCF Care Line** 800-842-2288
Abuse/neglect reporting
- Emergency Mobile Psychiatric Services**
For children under 18-years-old 211
Adult Regional Hotline 888-447-3339
- Infoline** 211
Variety of community and human service resources
- Susan B. Anthony Crisis Line**
860-482-7133
24/7 availability for domestic violence, sexual assault crises services